ALBANY’S St Joseph’s Lodge is an independent living retirement village for retirees. There are 29 units ideally situated in the St Joseph’s Church historical precinct in the heart of the CBD, within walking distance to cafes, shopping centres, restaurants, public library, medical facilities and a vast array of shops.

This is where you will want to be. Throw away your car keys and enjoy the close proximity to these amenities. Some of the units even have city and harbour views.

There is a resident social and representative committee who meet fortnightly for a social gathering and formulate their requests to the governing Board of Management of St Joseph’s Lodge.

St Joseph’s Lodge has a manager to assist with the smooth running of the complex and meet the standards of the Retirement Villages Act.

Only thing old-fashioned is quality customer service

THOSE days, dressing ‘your age’ as you get older means you get to look just as fabulous as you did when you were in your 30s when you shop at The Hub on York in Albany.

In fact, the only thing you will find ‘old-fashioned’ at The Hub is the micro-niche quality customer service that the iconic local store is well known for.

Whether you’re looking for a special occasion dress, sleepwear and footwear for men and women of all ages.

The Hub has a good focus on fashion for the mature population that aims to fit right, without looking too young or too old for the shopper, with brands such as Breakaway, Yarra Trail, Rene Sherman, Ruxmona, Toscalle, Corto, Levic, Homyped and Thomas Cooh.

The Hub on York offers a range.

The Hub on York aims to supply a wide range of fashion for both men and women which is unmatched in their own hometowns or cities.

“Many of these visitors frequent our store on a regular basis for this reason.”

The Hub on York offers a 10 per cent discount to WA Seniors Card holders on all items excluding discounted sale items and The Homyped range.

The store aims to supply as many Australian made brands as possible, with the likes of Jimmy Stush, Forma- tion Fashions, Babicat Gold, Brandyberry, Buckle Accesso- ries and Hamypsyne Law in-stores.

Pam to The Hub on York next time you are in town to treat yourself and feel great knowing you are supporting local retailers.

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Chris Woonings
Funeral Director
Sandra Woonings
Funeral Arranger
Caring for Community

FOR more than 20 years, Albany Community Care Centre (ACCC) has created customised services to brighten the lives of those in the community.

As a local organisation, ACCC is run by people like you; all from the Albany region with decisions entirely made with the community in mind.

Community services, provided in the comfort of your own home under CHSP, HCP or privately-funded, work alongside you to maintain your independence and control over your everyday life. The not-for-profit can provide at-home personal care, delivered by a qualified support worker, who can assist with anything from showering, garment application to medication assistance.

For those who are living alone, the team at ACCC can pop by to ensure you have everything you need.

The staff are also able to collaborate with you to create a meal plan that is both achievable and tantalising for the tastebuds.

If your garden needs sprucing, the green thumbs at ACCC are primed and ready to assist with general garden and home maintenance, keeping your home and garden safe, secure, functional and tidy.

Albany’s Local Community Aged Care Provider Since 1986

Clients and carers’ health and wellbeing are at the forefront of our philosophy – listening to clients and families needs.

Serving the local community with warm and professional services:

• Social Support Group Centre, Men’s Shed, 5AGE Allied Health wellness centre and local group outings
• Cottage Respite Centre
• Essential services 7 days a week
• Domestic assistance, home & garden maintenance and meal preparation
• One-on-one Support services
• Transport to keep you in touch with other social or medical appointments
• Home Care Packages personal Coordination providing individual choice and flexibility

With a reception open 5 days a week for your convenience, you can pop in and make an appointment or ask us a chat to come to you.

Albany Community Care Centre (WA) Inc.
73 Hardie Road, Albany WA
9841 8668 • reception@accc.org.au

Celebrating life, respect traditions

WE ARE nearly halfway through November. It seems only yesterday we were starting the new year.

Our lives have now become busy, there hardly seems time to catch our breath.

As a result of this busyness many of the past courtesies have gone by the wayside.

Perhaps the driver courtesy we are being encouraged to adopt can be extended to ‘Playing our Respect’ as it would only take a moment of our time.

If you see a hearse, could you stop, stand for a moment as it passes, perhaps take off your cap and bow your head.

In these times where funerals need to be closely family and friends, our chance to celebrate the life of their loved ones.

To help your loved ones during bereavement is limited.

So, I wonder if we could revive an old tradition that would show people that their loss is noticed and shared by the community?

It would mean the world to these family members celebrate the life of their loved ones.

Simplifying aged care for you

There is simply more of us getting old. Demand for aged care services, both for in-home and residential care, is on the rise. As is the need for great flats and retirement villages. Yet the complexity of the costs and the available govern-ment support involved to assist with ageing is becoming more and more difficult for families to navigate.

At Lincolns, the experienced team can help with the financial demands that old age brings. Phillip Mortimer has the expertise you need to tackle the financial planning considerations required as you grow older. He can walk you and the family through the numbers and options that can sometimesoggle and confuse. Phillip can help you with all aspects of aged care, including:

• Understanding retirement and aged care matters.
• Moving to a granny flat or retirement village.
• Planning to enter retirement and aged care accommodation.
• Estate planning.
• Maximising Centrelink entitlements.
• Home visits – we can come to you.

If any of these concerns are playing on you or your family’s minds, Phillip will lend a hand to explain and achieve the best outcome for you.

Lincolns has created a simple checklist as a starting point for you to begin the process through aged care. Email Phillip Mortimer at philippem@lincolns.com.au or call Lincolns on 9841 7177.

For more information about the extensive services ACCC can offer to you or your loved ones, visit www.accc.org.au or call 9841 8668.
Home care packages tripled

COVID-19 has resulted in the most severe global economic crisis since the Great Depression. Across the world, the equivalent of 600 million people have lost their jobs.

In response to this crisis, the Morrison Government has committed unprecedented support to save lives, cushion the blow and help Australians remain in jobs.

We could do this because we entered this crisis in a position of strength, brought the Budget back to balance for the first time in 11 years and maintained our AAA credit rating.

Australia’s economy is fighting back. More than half of those who lost their jobs are back at work.

However, there remains a monumental task ahead. Last week the Morrison Government unveiled the next phase of our Economic Recovery Plan.

To support senior Australians who want to keep living at home, 23,000 more home care packages will be provided.

This brings the total number of home care packages than when this Government was elected in 2013.

To support aged pensioners, the Government provided payments of $750 in April and July. Aged Pensioners will now receive an additional $250 payment in December.

Record levels of support for mental health, hospitals, schools, aged care and disability services.

Home care packages are: a key part of our economic recovery plan designed to provide the support our older Australians need to live at home for longer.

End of extract

Expo focuses on connecting

ALBAN* people are getting ready to soak up a diverse range of exhibitors and speakers at the region’s Seniors Expo on Saturday, November 21 from 10 am to 3 pm.

Local seniors will join Councillor Sandie Smith and Ingenia Gardens Yakamia residents and management to officially open the Expo, which will focus on how seniors can help active and independent.

The Seniors Expo will provide local seniors with the opportunity to connect with one another and discover a range of local services to help them remain independent in their own homes for longer.

There will be a full program of guest speakers, demonstrations and displays, including: a laughter yoga demonstration, live dancing exhibition, Ezy Tech, Albany Lions Club, Soothing Touch Massage, Albany Community Legal Centre, Silver Chain, Cycling Without Age initiative and many more.

Our Government has a plan to change that, to provide age-appropriate regional health care, to build our economy and support national recovery.

―Rick Wilson

Federal Member for O’Connor

Enjoy a great day out at the Seniors Expo Albany 2020

Come along to our FREE event with informative displays, presentations and product demonstrations.

Be entertained with live music, a laughter yoga demonstration and a toe tapping line dancing exhibition. Lunch and barista coffee on us.

Seniors Expo Albany 2020

Saturdays 21 November

10 am to 3 pm

10 Barnaby Dr, Yakamia

For more information on this FREE event, call Ingenia Gardens Yakamia Community Manager Jennifer on 9540 0861.
Albany Funeral Directors is the longest running funeral home in Albany and with that, owner Bill Roth says, comes the necessary experience and knowledge needed to provide a personal and caring approach to each funeral.

"Something we do really well is we work closely with the families and bring that intimacy to the job," he said.

“We are a family-orientated business and are strong supporters of local businesses; we have a real sense of community mindedness."

Details of funeral packages are available on Albany Funeral Directors’ website with all of the services and costs listed.

To reiterate, Albany Funeral Directors isn’t there to simply make a profit – the team truly cares about the community and wants to ensure their clients have the best of care during their grief.

HONESTY and transparency form the philosophy of the team at Albany Funeral Directors.

They understand not knowing where you stand is an already difficult and often stressful situation can make what can be a daunting task, harder.

"We design our small group land tours with great care, showing you all the iconic sights as well as including little moments you weren’t expecting. We are there for you every step of the way, providing assistance, guidance and companionship."

Well priced, clear and concise

ACCORDING to lawyer Philip Wyatt, three of the most important legal documents a senior should have are a will, an advanced health directive and an enduring power of attorney document.

He believes untrue stigma surrounding these documents prevents people from organising them when they are younger – he reminds people it’s not just seniors who should have their legal matters in order.

“There’s a misconception that you will die tomorrow if you have a will,” Mr Wyatt said.

“But ultimately, it makes it harder for your family when you die if you don’t have a will, because things don’t all go to the people you want them to.”

He said an enduring power of attorney also assists when a person loses their mental or physical capacity to sign legal documents, such as selling a house to move into an aged care home, as the document designates someone to act on that person’s behalf.

"I’ve been doing this for 40 years and I believe I’m reasonably priced, I’m clear and concise, and I try to make it as painless as I can for the client," Mr Wyatt said.

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"I’ve been doing this for 40 years and I believe I’m reasonably priced, I’m clear and concise, and I try to make it as painless as I can for the client," Mr Wyatt said.
Later years, Amaroo Village Albany is a peaceful and tranquil environment. Downsize from your family home as you enjoy the convenience and benefits of community living. Offering over 55s the chance to experience high-quality, comfortable and convenient living in their later years, Amaroo Village Albany is a peaceful and friendly over-55s community. Amaroo Village CEO David Fenwick said the facility aligns with Specsavers’ values. “Customers are crucial to being a good audiologist. I simply love the opportunity to help others,” he said. "Listening to patients’ stories and helping them find solutions to complex problems has such a significant effect on improving their quality of life.” Ginny is most looking forward to owning her own audiology clinic that aligns with Specsavers’ values. “At the moment, it takes most Australians 7–10 years to acknowledge they have hearing loss before they do anything to help – if they do anything at all,” she said. “During these years, I have personally seen so many cases where the individual becomes unable to effectively join in conversations, so they lose their confidence and start to become isolated.” One in six Australians experience hearing loss, yet only one in three does anything about it. On top of this, new Specsavers research has shown that over half of Australians 18 years and over have experienced moments where they felt concerned about their hearing. “Residents can maintain a social and independent lifestyle, connected to family, friends and the wider community, while enjoying the benefits and the peace of mind that comes with community living,” he said. “You can have people come and stay or lock up and leave away on holidays knowing your neighbours are there to look out for you. Plus, with all their home maintenance taken care of, our residents are free to live the lifestyle they’ve always wanted.”

Amaroo Village Albany currently has a range of brand new and refurbished two and three bedroom villas available ranging from $260,000 to $315,000. The Village has open hours on Saturdays 10am to 12pm, or tours are available by appointment.

To find out more or to book a village tour, call Geoffrey on 0408 793 173 or visit amaroovillage.com.au.

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17 years in ALBANY
11 years in our CURRENT SHOP

PH: 9841 4200
13 Cockburn Rd
Albany
500m past roundabout, on your right.

• Over 4000 Products!
• Local Shop, Local People
• Service & Repairs Workshop
• Trials & Demos Available
• Friendly, Helpful Team
• Hire Option Available
• Many Australian Made Products