A CALL for calm has been echoed by all levels of government this week along with a reminder to only rely upon official sources for the latest information on the COVID-19 pandemic.

The Department of Health confirmed WA has 31 cases of COVID-19 but all are in the Perth metropolitan area. The Department said all WA cases verified so far had been associated with overseas travel and that currently, Australia does not have widespread community transmission of the virus.

Member for Albany Peter Watson said the State Government was taking the pandemic very seriously and had well prepared for the worst. He said it was important to continue to support local businesses.

‘‘We need to be looking after elderly families, friends and neighbours’’, he said.

Major Donna Williams said the City of Albany had modified a response team to make decisions regarding the City’s services, facilities and events.

He said the City was preparing to maintain an emergency management planning.

CITY is now in a State of Emergency and a Public Health Emergency.

Paradise of sports CSSWCO will apply to those who do not self-isolate for 14 days after en-

United call for calm

tery from overseas from Monday, March 17 at 9pm.

International travel restrictions are now at the highest possible ranking – Level 4 – which means all overseas travel is now completely advised against.

Non-essential indoor gatherings of 200 plus people have been banned as of yesterday but this does not apply to public transport facilities, medical and healthcare facilities, pharmacies, emergency service facilities, correction facilities, youth justice centres or other places of custody, courts or institutions, parliaments, shopping centres, offices, buildings, factories, construction and mining sites, where it is necessary for their normal operation.

Schools will remain open and the National Cabinet is advised otherwise by the Chief Health Officer.

School holiday practices have been delayed and plans are under consideration to keep children safe at home if they are sick.

In the Hunter and international cruise ports were now banned from docking in Australian ports.

All cruise ships currently arriving in Albany, Bun-


See page 4 and 5 for more information.

A CALL for calm has been echoed by all levels of government this week along with a reminder to only rely upon official sources for the latest information on the COVID-19 pandemic.

The Department of Health confirmed WA has 31 cases of COVID-19 but all are in the Perth metropolitan area. The Department said all WA cases verified so far had been associated with overseas travel and that currently, Australia does not have widespread community transmission of the virus.

Member for Albany Peter Watson said the State Government was taking the pandemic very seriously and had well prepared for the worst. He said it was important to continue to support local businesses.

‘‘We need to be looking after elderly families, friends and neighbours’’, he said.

Major Donna Williams said the City of Albany had modified a response team to make decisions regarding the City’s services, facilities and events.

He said the City was preparing to maintain an emergency management planning.

CITY is now in a State of Emergency and a Public Health Emergency.

Paradise of sports CSSWCO will apply to those who do not self-isolate for 14 days after en-

International travel restrictions are now at the highest possible ranking – Level 4 – which means all overseas travel is now completely advised against.

Non-essential indoor gatherings of 200 plus people have been banned as of yesterday but this does not apply to public transport facilities, medical and healthcare facilities, pharmacies, emergency service facilities, correction facilities, youth justice centres or other places of custody, courts or institutions, parliaments, shopping centres, offices, buildings, factories, construction and mining sites, where it is necessary for their normal operation.

Schools will remain open and the National Cabinet is advised otherwise by the Chief Health Officer.

School holiday practices have been delayed and plans are under consideration to keep children safe at home if they are sick.

In the Hunter and international cruise ports were now banned from docking in Australian ports.

All cruise ships currently arriving in Albany, Bun-
FOR some people, the idea of social isolation during the COVID-19 pandemic is a frightening and lonely concept.

But for those who are unsure how to spend their time if they end up stuck indoors for at least two weeks, here’s a list of ideas:

1. SLEEP

Avoid electronic devices and spend quality time with the little takers – read them a book, plug your earbuds, sing along to a movie and go to bed early.

2. ELECTRONIC DEVICES

If you live with your kids, put away the electronics and spend quality time doing something else that often pile up when we aren’t there to make them happen. For millennials and gamers, the ID-19 pandemic is a frightening time.

3. IMPROVE YOUR SLEEP

Sleep is crucial and rarely thought of seriously. It is nearly impossible to be physically and emotionally healthy without sleep. It is also the closest we come to being truly alone.

4. HAVE FAMILY TIME

Read to your children before bedtime, make them read to you, and watch a western tale or thriller.

5. DINNER-OUT

Take your family out to dinner. It will help the volunteer organisation and fill your body with the right nutrients.

6. NETFLIX AND CHILL

Watch a movie with your feet up, have a cuppa, and enjoy a bit of time with the family.

7. CABLE BINGE

Watch a movie with your feet up, have a cuppa, and enjoy a bit of time with the family.

8. TAKE A BREAK

Take a break, go for a walk, or have a quiet moment to yourself.

9. HAVIN’ A BLAST

Have a fun time with the kids, play pretend, sing along to a movie, and have a blast.

10. WASTE NOT WANT NOT

Declutter your space and by day two, had the whole lot. This is a great time for students to study and identify any artifacts of significance.

The team worked for three days to identify any artifacts of significance. The team worked for three days to identify any artifacts of significance.

ARCHAEOLOGICAL EXCAVATIONS WERE UNDERWAY AT ALBANY this week at Strawberry Hill, the historic homestead of the late Lord Tennyson, for a new book.

Archaeologist David Gladigau, who led a team of 12 people on the historic site, said Indigenous Elders and families had been consulted by the National Trust for the Cultural Indigenous significance of the site.

The team worked for three days to study the 20m x 5m excavation, which is a flat bed of ceramic vessels and glass.

Hudson services

- Specialising in Aerobic Treatment Units, • Installation & Service – 24 Hour Back-up
- 100% recycled wastewater for irrigation
- Water treatment: deck tanks, nutrient recovery, commercial and social media, no success yet.

CAPRICORN (Dec 22-Jan 19)

This week Capricorn is ruling the planet Pluto, which is in retrograde in Capricorn. This is a period of time when you need to be careful about your personal finances, and watch your spending, as you may not get a lot of your desired and important projects done. You may need to make some adjustments to your budget.

AQUARIUS (Jan 20-Feb 18)

Aquarius is the last sign of the zodiac, which is ruled by Uranus. It is a sign of innovation, knowledge, and genius. The Weekender is ruled by Uranus, and this is a sign of time to create new ideas, or ideas that are outside the box.

FISH (Mar 20-Apr 19)

On the new Moon, the last full Moon of the week, Mercury enters the sign of Taurus. This is a great time for creative thinking, and for making new ideas.

CAPRICORN (Dec 22-Jan 19)

This week Capricorn is ruling the planet Pluto, which is in retrograde in Capricorn. This is a period of time when you need to be careful about your personal finances, and watch your spending, as you may not get a lot of your desired and important projects done. You may need to make some adjustments to your budget.
COVID-19 – THE FACTS

Looking after yourself

EVERYONE! Here are the coronavirus...
Leader sails in right direction

MICHAEL ROBERTS

LEADERSHIP is an art form that has to be learned, but for Nautical History Teacher and former Rear Admiral Cheyne Seymour, it’s a trait he says is part of her DNA.

Cheyne Seymour brings a fresh head of state to the helm of the ship and it’s a skill that has come to her early in life.

The Albany High School graduate received the Outstanding Leadership Award at her primary school graduation for his work on the school’s thousandth anniversary in 2019, which she received at the Council of Australian Heads. In 2016, she was the Year 5/6 teacher at NASHS, where she received the CWA Volunteer of the Year Award in 2017 and the Australian Defence Force Long Tan Leadership and Teamwork Award in 2019. She was chosen with 13 other students to participate in the 60th anniversary of the ANZAC Day commemorations in France and Belgium.

Unfortunately, Cheyne Seymour’s leadership journey is not limited to her professional life, as she also leads a team of volunteers who keep the community motivated.

“Cheyne is a natural leader and she has been a key player in a number of volunteer roles, including being the President of the CWA Albany Zone and the WA CWA State Vice President for Mental Health. She is always there to support others, whether it’s in her professional or personal life.”

Cheyne’s leadership journey has been well documented, and her leadership skills have been praised by those who work with her.

“A leader who inspires others is someone who can lead by example and make a positive impact on the lives of others. Cheyne Seymour is such a leader, and her dedication to her community is evident in everything she does.”

Cheyne Seymour’s leadership skills have not gone unnoticed, and she has been awarded the CWA State President’s Gold Medal for her outstanding contribution to the CWA in 2019.

“Cheyne has always been a leader in her community and her leadership skills have been recognized at the highest level. Her dedication to the CWA and her community is truly inspiring.”

Cheyne Seymour’s leadership journey is a testament to the power of leadership and the impact it can have on others. She is a true leader who inspires others to do their best and to make a positive impact on the lives of others.

Cheyne Seymour will be remembered for her leadership skills and her dedication to her community. She is a true leader in every sense of the word and her impact will be felt for years to come.”

Photo: Courtesy of Cheyne Seymour

CWA flats open day cancelled

CWA Albany Seaside Flats has cancelled its open day this weekend, and will instead hold an open day on 13th October 2020.

“During these uncertain times, it is important for us to ensure the safety of our residents and the wider community,” said CWA Albany President Mary Smith.

“We have taken this decision in line with government guidelines and to ensure the health and safety of our residents and volunteers.”

The CWA Albany Seaside Flats are a community-owned accommodation facility located in Albany, Western Australia. They provide affordable and independent living for senior citizens who wish to remain in their own homes.

“We know that many of our residents are concerned about the ongoing pandemic, and we want to ensure that they feel safe and supported,” said Mary Smith.

“We are committed to providing a safe and healthy environment for our residents, and we are grateful for their understanding and support.”

Intervention program on target

AN EARLY intervention program has been expanded into the Great Southern, with the aim of reducing youth crime and improving community wellbeing.

Target 120 is a government funded program that seeks to assist young people between the ages of 10 and 14 with an interest in offending behavior to avoid ongoing involvement with the justice system.

Assistant Director of Justice Strategy and Transformation at the Department of Communities, Paul Boalch, said the $24.8m project will address various factors that increase a young person’s likelihood of offending.

“The initiative provides 12 months of individualised support for the young person and additional coordinated support for their family. We understand that support is key to altering young offenders’ trajectory,” he said.

Roll-out programs have been put around Albany, and will be gradually expanded into the region. The project is expected to begin in January 2021, with the whole project to be completed by mid-2022.

“The initiative is firmly focused on keeping young people off the streets and preventing them from engaging in offending behavior,” he said.

“We are optimistic that the program will be successful in reducing youth crime and improving community wellbeing.”

The initiative is part of the $125m Government Investment in Reform, Resilience and Recovery, which was announced by the State Government in 2018.

“We believe that this investment will have a significant impact on the lives of young people and their families,” said Minister for Police, Youth and Community Services, Simone McGuirk.

“By focusing on early intervention programs, we are able to help young people before they become involved in criminal activity.”

“We are confident that this program will be successful in achieving its goals and improving the lives of young people.”

The initiative is currently being funded until June 2023. ($6.5m)
### More Cars More Choices

**LARGEST RANGE OF QUALITY PRE-OWNED CARS IN THE GREAT SOUTHERN AREA**

<table>
<thead>
<tr>
<th>Make/Model</th>
<th>Year</th>
<th>Description</th>
<th>Options</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2012 Honda Accord</strong></td>
<td></td>
<td>• Alloy bull and tow bar • Low kms • 18” alloys</td>
<td></td>
<td>$13,990</td>
</tr>
<tr>
<td><strong>2013 Mitsubishi Triton</strong></td>
<td>GLX-V 4X4 2.5L TURBO DIESEL DUAL CAB</td>
<td>• Alloy bull and tow bar • Low kms • 18” alloys</td>
<td></td>
<td>$16,990</td>
</tr>
<tr>
<td><strong>2015 Holden Cruze</strong></td>
<td>LS-L 1.6L 4Cyl Turbo Sedan</td>
<td>• Keyless entry • Rear sportsbar • One owner</td>
<td></td>
<td>$19,990</td>
</tr>
<tr>
<td><strong>2015 Mitsubishi Triton</strong></td>
<td>GLX-V 4X4 2.5L TURBO DIESEL DUAL CAB</td>
<td>• Metallic silver • One owner • Air-con</td>
<td></td>
<td>$26,990</td>
</tr>
<tr>
<td><strong>2015 Ford Ranger</strong></td>
<td>XLT AUTO 4X4 3.0L TURBO DIESEL DUAL CAB</td>
<td>• Keyless start • 7 seat • 3 Tonne towing capacity</td>
<td></td>
<td>$35,990</td>
</tr>
<tr>
<td><strong>2016 Mazda CX-5</strong></td>
<td></td>
<td>• Metallic silver • One owner • Air-con</td>
<td></td>
<td>$21,999</td>
</tr>
<tr>
<td><strong>2017 Toyota Landcruiser</strong></td>
<td></td>
<td>• 7 speed auto trans</td>
<td></td>
<td>$23,760</td>
</tr>
<tr>
<td><strong>2017 Hyundai i20</strong></td>
<td></td>
<td>• Luxury motoring • Full leather trim • Sunroof</td>
<td></td>
<td>$22,990</td>
</tr>
<tr>
<td><strong>2017 Holden Commodore</strong></td>
<td></td>
<td>• Leather seats • Nav Sat • Full safety pack</td>
<td></td>
<td>$24,596</td>
</tr>
<tr>
<td><strong>2017 Toyota Hilux</strong></td>
<td></td>
<td>• Alloy lockable toolbox • Air-con • 4x2 traytop</td>
<td></td>
<td>$24,590</td>
</tr>
<tr>
<td><strong>2015 Ford Ranger</strong></td>
<td>XLT 3.2L 4X4 TURBO DIESEL SUPERCAB</td>
<td>• Rollbar &amp; towbar • Air-con • Keyless start</td>
<td></td>
<td>$24,596</td>
</tr>
<tr>
<td><strong>2016 Holden Caprice</strong></td>
<td>HSV GTS L 6.2L V8 SEDAN</td>
<td>• Luxury motoring • Full leather trim • Sunroof</td>
<td></td>
<td>$39,990</td>
</tr>
<tr>
<td><strong>2016 Toyota HiAce</strong></td>
<td></td>
<td>• Multi-function control screen • 6 speakers</td>
<td></td>
<td>$16,990</td>
</tr>
<tr>
<td><strong>2019 Ford Ranger</strong></td>
<td>XL 2.2L 4X4 TURBO DIESEL DUAL CAB</td>
<td>• One owner, low kilometres • Remote transponder</td>
<td></td>
<td>$11,990</td>
</tr>
<tr>
<td><strong>2019 Holden Colorado</strong></td>
<td>4.3L 4 cyl turbo diesel • 7 seat</td>
<td>• Alloy bull and tow bar • Low kms • 18” alloys</td>
<td></td>
<td>$21,999</td>
</tr>
<tr>
<td><strong>2020 Mitsubishi Pajero</strong></td>
<td></td>
<td>• Multi-function control screen • 6 speakers</td>
<td></td>
<td>$25,990</td>
</tr>
<tr>
<td><strong>2020 Ford Ranger</strong></td>
<td></td>
<td>• One owner, low kilometres • Remote transponder</td>
<td></td>
<td>$25,990</td>
</tr>
<tr>
<td><strong>2020 Toyota Hilux</strong></td>
<td></td>
<td>• Multi-function control screen • 6 speakers</td>
<td></td>
<td>$25,990</td>
</tr>
</tbody>
</table>

---

### BEST IN THE GREAT SOUTHERN

Every USED CAR purchased from the Albany Automotive Group comes with extra benefits including:

- **130 POINT SAFETY CHECK WITH OIL FILTER CHANGE**
- **24 MONTHS FREE ROADSIDE ASSIST**
- **24 MONTHS FREE WARRANTY**

WE ARE THE ONLY DEALERSHIP IN THE GREAT SOUTHERN REGION OFFERING MORE CARS FOR MORE CHOICE!
SCHOOL students across the Great Southern took to the racetrack last Thursday in part of the Great Southern Schools’ Solar Car Challenge.

In a competition that tested their engineering talents, Year 6 and Year 8 students built and raced their own solar-powered cars against each other at North Albany SHS. St Joseph’s won the Year 7 and 8 competition, with the Erosion and Challenge Program Albany Centre at Little Grove Primary School taking out the first place prize.

In true Albany fashion, rain forced the race to be moved from asphalted baseball courts to the school’s hall.

While the students weren’t able to harness the power of the sun to power their cars, backup battery packs allowed the races to go ahead without a complete disaster.

The joint initiative between Synergy and the Science Teachers Association of WA (STAWA) is designed specifically to address the worryingly low number of students choosing to study science, technology, engineering and maths (STEM) subjects.

STAWA CEO John Clarke said WA teachers continue to emphasise the program, as it provides a great framework to help prepare students in these crucial STEM areas.

“As great as the number of schools and students participating in the Challenge grows over the years, as a stipend with our goal of promoting creativity and innovation, giving students their skills they need for their future careers,” Mr Clarke said. “Students are able to take pride in this program because it is so innovative, it has a competitive element and it’s very effective in teaching the student about energy.”

Will Crabtree, Nina Garnett, Montana Wood and Connor Bennett from St Joseph’s College.

Isaac Purnell, Lily Lapthorne, Lincoln Pearson and Nicole Alienza from Jaru Primary School.

Heath Duggan, Flynn Huntley, Harley Duggan and Willsbygfoy Sharr Sharp from Spirit of Play Community College.

Parwan Khamzaham, Olivia Wicks and Renee Milled from IBaker Community College.
Fairytale fun comes to life

A FAIRYTALE came to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.

The mermaid costume dazzled the audience and the delicate choreography performed by the Moscow Ballet at the Albany Entertainment Centre last weekend, comes to life in Albany last weekend when the Moscow Ballet performed Sleeping Beauty at the Albany Entertainment Centre.

The mesmerising costumes and intricate choreography delighted a captivated audience who saw plenty of youngsters hugging their parents as they made their way out of the theatre once the show had finished.

One young aspiring ballerina was overheard telling her mum excitedly that she wished the show would never end.
DENMARK SUPA IGA

FRI. - SUN. ONLY!

These specials only available Friday 20/03/20 until Sunday 22/03/20.

- Peters Ice Cream, 4 Litre Sel Var
  135c per 100ml

- Devondale Spread 500g
  76c per 100g

- White Win, Chocolate Mousse 200g Sel Var
  55¢ per 100g

- Red Capsicums
  $2.99 kg

- Loire Gala Apples
  $2.99 kg

- MSA Topside Steak
  $12.99/kg

- Mandarins
  $3.99/kg

- You Slice, You Save!

- Whole MSA Beef Rump
  $10.99/kg

- Pre-packed Red Capsicums
  $3.99/kg

- Peters Ice Cream

- Devondale Spread

- White Win

- Red Capsicums

- Loire Gala Apples

NORTH ROAD SUPA IGA

SUNDAY ONLY!

These specials only available Sunday 22/03/20.

- White Win, Chocolate Mousse

- Devondale Spread

- Peters Ice Cream

- Red Capsicums

- Loire Gala Apples

- MSA Topside Steak

- Mandarins

- You Slice, You Save!

- Whole MSA Beef Rump

- Pre-packed Red Capsicums

- Peters Ice Cream

- Devondale Spread

- White Win

- Red Capsicums

- Loire Gala Apples
The Outlook at Albany

Love the way you live.

Save up to $39,000* OFF new display homes.

Tired of maintaining the home and garden, but not ready for retirement village? Unlock the equity in your home and join a community of like-minded, independent people who simply do what they love every day. Here you will find luxury affordable homes with great views and extensive facilities including a brand new clubhouse with gymnasium, swimming pool, cafe, lawn bowls, library, workshop and the list goes on...

Seize the moment to come and take a look around The Outlook at Albany.

Call 9844 0000 today! New display homes starting from $259,000*.

Open 10am to 4pm 7 Days | 20 Alison Parade, Bayonet Head
Call Philip 9844 0000 | outlookatalbany.com.au

Ride raises awareness

MICHAEL ROBERTS

The implementation of Denmark Roadwise Committee’s Sober Superheroes project in 2017 helped to see drink-driving incidents in the town reduce, but chairman of the committee Roger Seeney said the initiative has raised millions of dollars for mental health programs and promoted mental health awareness around the nation.

The Denmark 1 Dayer saw 85 bikers depart on Sun-

day morning, heading back to Den-

mark.

Event Coordinator Rob Wood said the fundraiser is the business of 19 per cent of the road fatalities in

Western Australia,” he said.

Tired of maintaining the home and garden, but not ready for retirement village? Unlock the equity in in your home and join a community of like-minded, independent people who simply do what they love every day. Here you will find luxury affordable homes with great views and extensive facilities including a brand new clubhouse with gymnasium, swimming pool, cafe, lawn bowls, library, workshop and the list goes on...

Seize the moment to come and take a look around The Outlook at Albany.

Seize the moment to come and take a look around The Outlook at Albany.

Security | Community | Extensive Facilities | Pet Friendly | Activities

Focus on

Buck, Mechelle & Don
10 Hollings Road
Denmark
9899 4464

Denmark Butchers

BAR HOURS
Mon - Sat 10.30am to late
Sun 11am - 10pm

KITCHEN HOURS
7 days... 11.30am - 8pm
Bar Menu from 2pm - 5.30pm

all day kitchen

135 South Coast Highway, Denmark WA 6333
9899 4464

Get your winter warmers now at Jassi Leather Works
Shop online 24/7 at www.jassileatherworks.com.au

Free delivery in Denmark, or rate shipping of $15.00 WA and $25.00 outside WA.

Open 10am to 4pm daily
9 Pikes Road, Denmark WA 6333 • 9640 9336
info@jassileatherworks.com.au

Ugg boots • Gloves • Toys and more

All day kitchen

Denmark Butchers

Get your winter warmers now at Jassi Leather Works
Shop online 24/7 at www.jassileatherworks.com.au

Free delivery in Denmark, or rate shipping of $15.00 WA and $25.00 outside WA.

Open 10am to 4pm daily
9 Pikes Road, Denmark WA 6333 • 9640 9336
info@jassileatherworks.com.au

Ugg boots • Gloves • Toys and more

All day kitchen
Go purple for epilepsy awareness

The global initiative is coming around again this year to raising awareness and much-needed funds for people with epilepsy.

The global initiative was founded in 2008 by eight-year-old Cassidy Fagan. Cassidy lives with epilepsy and found motivation to create a movement that got people talking about the condition.

Epilepsy, or a disorder of brain function that involves recurrent seizures, affects about four per cent of people at some stage of their life and it presents an unique to every person. Purple Day represents a day that those impacted by epilepsy seek to bring their epilepsy into the open.

Cassidy's parents in 2008 started the global initiative that gets people talking about epilepsy awareness. Purple Day is run by the Epilepsy Australia, the official Australian partner of Purple Day, and the Epilepsy Foundation will join with other organisations around the globe promoting epilepsy awareness.

The Purple Day represents the Epilepsy Australia, the national epilepsy organisation has Community Fundraising Guidelines, which include all the necessary information about fundraising on behalf of the organisation.

Before getting started, it is required to submit a Community Fundraising Application or download a copy to register your fundraising activity or event with Epilepsy Action.

Once reviewed and approved, you will receive an ‘Authority to Fundraise’ letter giving you the official go ahead to start fundraising on the organisations behalf.

As a quick and easy option for collecting donations through an online fundraising page, you can choose from a range of donation options to help you get started.

WHERE DOES YOUR MONEY GO?

$10 provides a person with epilepsy access to online seizure management tools
$25 provides a newly diagnosed information pack to a person with epilepsy
$40 provides a person with epilepsy access to online seizure management tools
$50 funds a much needed initial consultation with our support team
$100 provides a person with epilepsy online seizure management tools
$150 provides a Ted-E-Bear and education pack to comfort and support a child impacted by epilepsy
$250 provides a person with epilepsy access to online seizure management tools
$500 funds a much needed initial consultation with our support team
$1000 provides a newly diagnosed information pack to a person with epilepsy
$2000 funds a much needed initial consultation with our support team
$5000 provides a person with epilepsy online seizure management tools
$10,000 funds a much needed initial consultation with our support team

The Epilepsy Foundation is available to help with questions you may have along the way so that you can end the stigma and discrimination of epilepsy.

The Epilepsy Foundation is available to help with questions you may have along the way so that you can end the stigma and discrimination of epilepsy.
DESIGNS FROM $223,990*

YOUR HOME, YOUR CHOICE, Your Style

There’s never been a better time to build a brand new home. For a limited time, we’re giving you the choice of four premium upgrade packages to choose from across 54 of our most popular home designs.

Comfort Package
• Reverse cycle air conditioning

Miele Kitchen Upgrade Package
• 2x Miele 600mm ovens
• Miele 900mm gas cooktop
• Miele 900mm built-in rangehood
• Miele dishwasher
• Miele freestanding fridge/freezer
• 3m overhead cupboards
• 6 pot draws
• Bin draw with Euro Cargo insert

Complete Home Package
• Quality floor coverings throughout
• Window dressings

$15k Your Way
• Create your own package

Your Style

The Cedar

For more information call 6141 9127 or visit wacountrybuilders.com.au
Start today and pay nothing along the way!

Save thousands of dollars during construction

Watching your home being built is an incredibly exciting time. But it can be stressful if you have to cover the construction costs while you’re still paying rent. That’s why for a limited time only, we’ll cover the costs of rent or construction while you build. Plus, you’ll move into your new home sooner with our Fast Track build time guarantee.

Pay $0 during construction. We’re covering the construction costs for you. That means you won’t pay a cent of your construction fees while we build your new home.

Live rent free. We’re covering your rental costs for you. That means you won’t pay a cent of your rental fees while we build your new home.

Move into your new home sooner. With our Fast Track guarantee, you’ll know exactly when you can move into your new home.

Thinking about SOLAR?

Down South Renewable Energy

5 kW SOLAR SYSTEMS
FULLY INSTALLED FROM $3,990*

SOLAR | BATTERIES | WIND | HOT WATER | AIR CONDITIONING

• Licensed Electricians and Plumbers
• Competitive Pricing
• Highest Quality Equipment

5KW Solar Systems

Environheat 250 Litre
• From $1,800

8x 275 Watt Tier 1 panels
• 5 KW Inverter
• 12 year warranty available on all parts

Batteries

• Lithium and Super Capacitor
• 6.5kWh or 33kWh

Reclame Energy

315 Litre Heat Pump
• From $3,690

Systems customised to your needs

Call for our competitive prices

To start your journey to home ownership, call 9841 7376 or visit smoothstart.com.au

WE LIVE AND WORK IN THE GREAT SOUTHERN. FREE, NO OBLIGATION VISIT, CONSULTATION AND QUOTE

0439 092 555
www.dsrenergy.com

Smoothing the way to ownership with the

Residential
albany.eldersrealestate.com.au

New Listing

King River 3 Manyat Place
Modern, Quality Lifestyle with Shed Space and Views

3 Manyat Place is that very rare lifestyle property that provides a good piece of land, and a very appealing modern home. On top of that you get an excellent shed with room for all the toys and a workshop, a great view, and a very easy to look after lifestyle block perfect for a horse or couple of sheep. If that wasn’t enough, you are only 5 mins from the nearest supermarket and 10 mins to central Albany. Tick all the lifestyle boxes without the hard work.

• 2009 built home by local boutique builder. Northerly aspect and superb views from inside and across the property.
• Super comfortable and appealing living spaces with stunning polished concrete floor.
• Excellent kitchen with wonderful outlook, massive entertainers deck.
• Supershed with three vehicle bays plus workshop. Carpet, sea container, veggie,方案. Great for animals and kids

First Home Open Saturday at 3.00pm

Blair Scott 0499 624 026
Web Id 21214157

Little Grove

Albany
3 Cliff Way
Central Albany Precinct
An ideal opportunity for singles, pro’s, and retirees, this gem is in a sensational central location without the big price tag. With a d.b construction and unique floorplan, polish up what’s here, extend the footprints, or add a second storey to take in water views on offer.

• Don’t judge the outside, this has a great feel inside with heaps of scope to add value.
• Open plan kitchen & living. Configured as two bedrooms, or one bedroom plus big lounge.
• Private rear area, sensational location close to York Street

Home Open Saturday at 12.00pm

Blair Scott 0499 624 026
Web Id 21816166

Milpara 30 Adelaide Street
Half Acre of Space and Top Quality Home

• Quality build & finished Carrington home, as new condition. 3x2 plus study or 4x2 config.
• Supersheds, open plan living, separate lounge/theatre. DR/DRwers in all bedrooms.
• Large block ideal for kids, pets, & dream shed. Existing shed, cubby, chooks, veggie

Home Open Saturday at 2.00pm

Blair Scott 0499 624 026
Web Id 21510791

Elders Albany, 189 Chester Pass Road, Albany WA 6330

ph 08 9842 7900
Lockyer
22 Vinton Crescent
Comfort, Affordability & Convenience
- Modernised, all the hard yards complete
- Updated kitchen & baths, new carpet
- Central location, convenient, affordable
Home Open Saturday at 1.10pm
$260,000

Yakamia
58 Loxto Street
Ideal for R/B or Investor
- FULLY renovated - no maintenance
- New kit & carport, living everything
- Modern & convenient location
Chris Wallace 0437 152 471
Web Id 21658137
$275,000

Lower King
6 Greatore Road
Great Value For All Buyer Types
- Free to see, a must see for all buyers
- Garden, fruit trees, pastu, rear access
- Large rear deck, spacious big kitchen
Home Open Saturday at 2.10pm
Chris Wallace 0437 152 471
We Id 21793377
Offers Above $315,000
$325,000

Yakamia
10 Kangaroo Road
Amazing Yakamia Opportunity
- Popular suburb, solid home, dbl brick
- Direct park access, huge shed
- Move in & improve over time or invest
Chris Wallace 0437 152 471
Web Id 21658133
$325,000

Mckail
6 Roome Road
Cruise without a Car
- Perfect wine run & leave option
- Lovely rear house with lounge & living
- Roomy kitchen & patio, low-maintenance lot
Neville Delport 0405 451 401
Web Id 21564077
Offers Above $315,000

Port Albany
187 Barony Road
Dezy, Develop, or live
- Stringy bark character home, super cute
- Great investment block with rent return
- Fencing & bushy views, central location
Home Open Saturday at 1.10pm
Blair Scott 0409 024 026
Web Id 21503977
Offers above $355,000
$365,000

Milpara
36 Maca Street
Horse & Heated Hurdle
- Great land area to keep some animals
- Smart home, light living, media room
- Garden and龟den shed, scheme water
Realex Delport 0400 411 401
Web Id 21719466
$425,000

Yakamia
65 Baltic Ridge
Executive Option with Harbour Views
- High ceilings, exquisite living, modern kitchen
- Ducks above, potential 1st site
- Enquire today to discuss your options
Chris Wallace 0437 152 471
Web Id 21761356
$575,000

Gleadow
47715 South Coast Highway
Home, Shed, Space - Awesome!
- Lovely family home, great character
- Massive shed, 3pt power, lockable bay
- 300 fruit trees, chooks, veg, grazing
Neville Delport 0405 451 401
Web Id 21563533
$495,000 to $675,000

Milpara
33 Henry Street
Top Family Home With All The Perks
- 4th br, in-law, natural backpack
- 2 roads frontage, great enclosed patios
- Modern family home, popular suburb
Chris Wallace 0437 152 471
Web Id 21816435
Offers Above $510,000

Little Grove
65 Wilson Street
Executive Option with Harbour Views
- Home run equals entrance into
- Sensational outlook to harbor and city
- Large brick, lockable at its best
Home Open Saturday at 1.10pm
Blair Scott 0409 024 026
Web Id 21561938
$620,000 to $680,000

Warrenup
14 Bottrell Close
Beautiful Family Home Up For Sell
- Spacious & sunny, modern kitchen
- Private asking, 2 garage, back yard
- Home Open Saturday at 1.10pm
$829,000

Goode Beach
1 Roome Street
Magnificent Right Opposite Beach
- Beautifully renovated, spacious home
- Large partially flat block, rear access
- Perfect holiday/retirement/family home
Blair Scott 0409 024 026
Web Id 21518883
Offers Above $429,000

Kaligan
Lot 15 Myola Drive
Significant In Kaligan Village
- Only 5km from the banks of the Kaligan
- Easy access to launch your canoe
Realex Delport 0400 411 401
Web Id 21391541
$115,000

Yakamia
16 Hayward Cresent
Versatile Duplex Block
- Sewn, Power, Water, NBN all available
- Great income potential, 1st site
- Enquire today to discuss your options
Chris Wallace 0437 152 471
Web Id 21789670
Offers Above $175,000

Mount Barker
29 Harry Road
Secret Rural Haven
- Panoramic views of Porongurup Range
- Easy care garden and animal enclosures
- Paddock with native tree shelterbelts
Lynn Heppell 0428 531 015
Web Id 21829852
$370,000 to $415,000

Mount Barker
Lot 1265 Martindale Road
Rural Paradise in Town
- Flat land, shelter belt, creekside
- Rural views to Mt Barker Hill
- Power and water are located nearby
Lynn Heppell 0428 531 015
Web Id 21811386
Offers Above $590,000

Warrenup 14 Bottrell Close
Luscious Living Offers A Perfect Family Lifestyle
- Immerse in this beautifully designed home and enjoy a back yard many would only dream of! Living at 14 Bottrell Close, you’ll enjoy the convenience of living close to
- High ceilings, spacious living, modern kitchen (renovated about 6 years ago)
- Parents wing, solar panels, under house storage, dbl garage plus powered shed
- Lush & well landscaped backyard which includes fig, avocados, mulberry, lemon & lime trees and more
- Double garage, plus powered shed with 2 rollers (approx. 9m x 8m) and nature strip along back fence
Home Open Saturday at 11.00am
Chris Wallace 0437 152 471
Web Id 21800100
$620,000

Elders Albany, 189 Chester Pass Road, Albany WA 6330
ph 08 9842 7900

Web Id 21816961
$370,000 to $415,000
Lynn Heppell 0428 531 015
Web Id 21770712
Offers Above $230,000

Kronkup
Lot 270 Mews Place
Specialist Lifestyle Destination
- Beautiful natural bush, slight timber
- Northerly aspect for solar passive design
- Amazing lifestyle, spectacular beaches
Blair Scott 0409 024 026
Web Id 21501644
$350,000 to $500,000
$299,000

Kronkup
Lot 153 Basinfield St
Coastal Lifestyle Awaken
- Private Cove Corner location
- Great lifestyle area just up from beach
Blair Scott 0409 024 026
Web Id 21003821
$299,000

Kendendup
15 Banjo Road
Rural Living with Stirling Views
- Open plan living, dining with views
- Paddocks, shelter bolts and creekside
- Large workshop and other sheds
Lynn Heppell 0428 531 015
Web Id 21770712
Offers Above $230,000

Kendendup 63 Fifth Avenue
Bigger is Better!
- Secluded road frontage, level block
- Rear linenway, power & water passes
- Close to Country Club, school and store
Lynn Heppell 0428 531 015
Web Id 21501136
Offers Above $590,000

Warrenup 14 Bottrell Close
Historical Significance in Kalgan Village
- 3 bedroom, 1 bathroom
- Large roomy shed, rear access
- Home Open Saturday at 1.10pm
$425,000

Kronkup
Lot 341 Kalgan Village
Historical Significance
- Great lifestyle area just up from beach
Blair Scott 0409 024 026
Web Id 21501644
$350,000 to $500,000

Kronkup
Lot 230 Slow Road
Coastal Lifestyle AWAKEN
- Private Cove Corner location
- Great lifestyle area just up from beach
Blair Scott 0409 024 026
Web Id 21003821
$299,000

Mount Barker
42 Home Road
The Cherry on the Cake
- A very popular, road front home
- Upstairs lounge, views of entire block
- Large cherry orchard, stone fruit etc
Lynn Heppell 0428 531 015
Web Id 21534375
$375,000 to $435,000

Kendendup
43 Banjo Road
Executive Option with Harbour Views
- Home run equals entrance into
- Sensational outlook to harbor and city
- Large brick, lockable at its best
Home Open Saturday at 1.10pm
Blair Scott 0409 024 026
Web Id 21561938
$620,000 to $680,000

Lynn Heppell 0428 531 015
Web Id 21279772
Offers Above $230,000

Elders Albany, 189 Chester Pass Road, Albany WA 6330
ph 08 9842 7900

Web Id 21576827
$375,000 to $435,000
Lynn Heppell 0428 531 015
Web Id 21279772
Offers Above $230,000

Elders Albany, 189 Chester Pass Road, Albany WA 6330
ph 08 9842 7900

Web Id 21576827
$375,000 to $435,000
Lynn Heppell 0428 531 015
Web Id 21279772
Offers Above $230,000

Elders Albany, 189 Chester Pass Road, Albany WA 6330
ph 08 9842 7900

Web Id 21576827
$375,000 to $435,000
Lynn Heppell 0428 531 015
Web Id 21279772
Offers Above $230,000
Engage with the arts this autumn Page 30

Transformative moments
Engage with the arts this autumn Page 30

Tune in anywhere by following the link on gsweekender.com.au

Great Sounds • Great Southern

For advertising that works, call Sarah Holden today! 0421 456 228

Rural albury.eldersrealestate.com.au

**Wellstead**

- *Mount Gipps* 1116 Boat Harbour Road 1236 HA / 3056 AC
  - Substantial holding in tightly regulated location with 6 x 3 Homesteads
  - Frontage to Boat Harbour Rd, a rainfall approx 550mm, 20 dams
  - Mostly medium gravel to gravel loam, Lymmetric access to all paddocks
  - Good fencing, 6 stand 5,240 shire with yards, super shed, cattle yard, 3 x GP sheds

Simon Thomas 0407 380 365
Web Id 231456458

**Narrikup**

- *Peardale* 47ha / 115 ac
  - Quality large 4 bedroom home. Ideal location with easy frontage just 25km from Albany.
  - Large GP shed with concrete floor, workshop area, machinery storage.
  - 2 stand shearing shed, sheep and cattle yards.
  - Good fencing, pasture, and water supplies including dams, tanks, and scheme.

David Tredyffrin 0407 446 756
Web Id 231456447

**Mount Barker**

- *Plantation Opportunity* 42 HA / 152 AC
  - Previously owned plantation.
  - 10 year old managed coppice growing harvest.
  - Some pasture, 2 dams and a creek.
  - Adjoining land available.

Simon Thomas 0407 380 365
Web Id 231456467

**Toompup**

- *Rural Retreat on 163 ha*
  - Quality picnic ground property with Sterling Ranges as backdrop, tightly held location.
  - 1km south of Ongerup, two road frontage, road into Ongerup sealed.
  - Approx 40 ha cleared and recently leased for cropping.
  - 6 x 1 plus study, open plan brick home, double garage & separate games room.

David Tredyffrin 0407 446 756
Web Id 231456477

**Porongurup**

- *So Much Land to Explore* 58 Hect / 144 ac
  - Large block of pristine natural bush land with highly diverse range of Flora and Fauna.
  - Already has an approved cleared building envelope.
  - Panoramic views to the Stirling & Porongurup Ranges.
  - Call today to arrange an inspection.

David Tredyffrin 0407 446 756
Web Id 231456487

**Porongurup**

- *58 Hect / 144 ac
  - Large block of pristine natural bush land with highly diverse range of Flora and Fauna.
  - Already has an approved cleared building envelope.
  - Panoramic views to the Stirling & Porongurup Ranges.
  - Call today to arrange an inspection.

David Tredyffrin 0407 446 756
Web Id 231456487

**Mount Barker**

- *Handy Little Farm* 141 HA / 348 AC
  - Quality 4 bedroom family home.
  - 85% cleared and recently leased for cropping.
  - 6 x 1 plus study, open plan brick home, double garage & separate games room.

David Tredyffrin 0407 446 756
Web Id 231456497

Rural Real Estate

Elders Albany, 189 Chester Pass Road, Albany WA 6330
ph 08 9842 7900

Elders Auction

**Torbay**

- *Torbay Hideaway Close to the City* 92HA / 227-ac
  - Conveninetly located approximately 25km west of Albany.
  - Modern 4 Bedroom 2 Bathroom home, numerous outbuildings and near row sheep yards.
  - Year round water from permanent creek and various dams and dams.
  - A beautifully maintained and presented property that is sure to impress.

Simon Thomas 0407 380 365
Web Id 231456472

$1,400,000
The Weekender, March 19, 2020

**Art expo tours region**

**KATARRING will be the**
**first of 10 stops**
**on the Regional Ex-
**hibition Touring Boost.
**There Were Moments**
**of Transformation to the**
**second tour of the Tour-
**ing Boost and will show-
**case sculptures, jewel-
**ery and ceramics from**
**the likes of international**
**artist Auguste Rodin**
**and French, Australian**
**artist Lucy Yukenhart.**

KATARRING'S Regional Art Gallery will be open on May 2 before heading off to Geraldton, Busselton, Collie, Albany, Armadale, Gnowangerup, Goolgowi, Collie, Albany and Bunbury.

It will be showcased at Albany Town Hall from July 3 to August 15, 2021.

Culture and Arts Min-
ister David Templeman said the Touring Boost con-
cept was introduced in 2015 and has since offered regi-
mental audiences more opportunities to engage with the arts.

"We are taking high calibre works from the State Art Collection out of the cities and into the coun-
tryside," he said.

"While this is great for regional audiences, it also provides regional gallerists with expe-
rience presenting diverse exhibitions that are still

**Secret business unravels in show**

"While this is great for regional audiences. It also provides regional gallerists with experi-
ence presenting diverse exhibitions that are still

"While this is great for regional audiences. It also provides regional gallerists with experi-
ence presenting diverse exhibitions that are still

**New article**

"Very Hard

Quick solve

Ingredients (Serves two)

1 chicken breast whole
0.5 punnet cherry tomatoes halved
0.25 baby cos lettuce
Feta cheese
Lemon juice
White balsamic
Olive oil
Salt
Pepper

**Method**

1. Put a pot of hot water on and bring to simmer.
2. Add salt and drop chicken breast in $2.5 cooked ... don’t boil.
3. Prep salad ingredients and set aside.
4. Once chicken is cooked take out and dice.
5. Squeeze lemon, vinegar and drizzle olive oil over chicken.
6. Finish with salt and pepper and serve.
7. This salad is a self make on the table as is. Mix it how you like.

Come on down to North Road Supa IGA on Saturday, March 28 between 10am and 5pm to see the latest whatever Pete Mandla cooks some delicious seasonal salads just in time for Easter.

— Pete Mandla

**Weekender Life**

**Easy pleaser chicken salad**

Recipe supplied by:

**SUPA IGA DENMARK & NORTH ROAD**

**Dine in & take away • Fully licenced**

**Open Mon - Fri 8am to 5pm, Sat 8am to 12pm**

**THE WEEKENDER**

**Contact us at time of going to press**

**Stressed out?**

**Feeling overwhelmed?**

**Come see your local Hypnotherapist**

**Why make more stress when there is an easier solution.**

**Sue Hopkinson**

**Hypnotherapist**

**704 John Street, Albany**

**Phone: 9842 3455**

**SUPA IGA**

**DENMARK & NORTH ROAD**

**OPEN 7 DAYS**

**Monday through Wednesday 7.00am - 7.00pm**

**Thursday 7.00am - 8.30pm**

**Friday through Sunday 7.00am - 7.00pm**

**PH: 9841 4188**

**northroad.groceryline.com.au / North Road, Albany**
**Salmon comps on menu**

**COLLAB COURTESY OF**

**The Weekender, March 19, 2020**

**Life**

**On & Off the Road**

---

One of life’s true pleasures, catching a Aussie salmon off the beach.

We encourage anglers to upload their photos to the Salmon Slam app to be in the running for great prizes.

Entries for the Best Salmon Photo category must be tagged with #SS2020 and uploaded to the Salmon Slam app.

Any photos containing the tag #SS2020 will be eligible to win great prizes.

Entries will be accepted from March 1 to May 31.

The competition will run daily through the Salmon Slam app.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

For the Tagged Fish category, tagged fish awards will only be awarded on the day the fish is captured, tagged and also random draws.

The competition runs from March 1 to May 31.

The competition will run daily through the Salmon Slam app.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

For the best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random draws.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.

The best thing to do is to go to the Check-in to upload your photos of the fish and also random drawings.

The major prizes will be awarded at the end of the three months, but there is also bi-weekly prizes.
GETTING connected with friends and family signals is the latest ad-
vice for elderly people receiving aged care services during the
COVID-19 pandemic.

The Australian Government’s Coordinating Group for Social
Inclusion (ACOGS) has proposed a series of recommendations for
aged care staff and families. The recommendations centre around
access to technology and social activities to assist those in
domestic settings to feel connected.

The recommendations include:
-  Provide an environment that supports communication;
-  Support the development of structure and routine;
-  Make it clear how communication can be supported;
-  Ensure that visiting arrangements are transparent;
-  Provide access to technology;
-  Increase opportunities for functional exercise.

The recommendations are based on the ACOGS’ experience of working
during the pandemic and the feedback from aged care services and
family members.

Aged care services have been advised to think about the
different ways they can support communication and
socialisation. This might include providing
-  Technology solutions such as video calls,
-  Online shopping,
-  Telehealth.

The recommendations are intended to support aged care
services to continue to provide care and keep residents safe.

For more information visit: www.agedcare.gov.au

*This information is correct as at 25 March 2020.*
Distribution company fuelled-up to deliver

**Transport industry specialists**

Provisional Distribution of Western Australia (PDAWA) was founded in April 1999 by General Manager Craig Burrows. Starting with just one truck as a Gulf Petroleum distributor, Mr Burrows now operates a fleet of 146 trucks, 40 trailers under the FDWA name. PDAWA has successfully become a leading bulk fuels and lubricants distributor in the WA market, providing quality products and services to customers for more than 20 years.

PDAWA, a company that has grown steadily, employs a wide range of operational and administrative staff and manages a large road-train fleet of trucks and trailers that supply fuel to customers throughout WA. The workforce includes drivers who operate across to Kalgoorlie. The PDAWA fuel cover includes a kilometre as a distributor direct to primary producers, local governments, service stations, private businesses, transport operators, civil, marine and mining industries across a wide area of north and south WA.

In addition to fuel delivery, PDAWA is committed to providing quality products and services to its customers. The parts department is open from 8am to 5pm, and a good range of petroleum-related products is available on request. Sales staff are always on hand to help you every step of the way.

Grace is a family business owned and operated by Jaime and Melissa Keys. Employing up to 25 staff, they run a fleet of eight trucks and one packing van.

The Grace Removals Albany branch is owned by third-generation Albany removalists and the local business has over 30 years of combined industry experiences, making them removal experts in the Great Southern.

They are also committed to investing in and giving back to the local community.

Grace is involved with sponsoring and volunteering where it can and so far has been a proud supporter of Albany PCYC, Albany Science, Albany Community Hospice, Albany Pregnancy Matters, Standout, Caulfield Cup, the Cour de Paix Society, Yanchep Arts Centre, Great Southern Animal Protection, Albany Sailing, Katanning Racing Club and the Albany Art Prize.

The Grace Removals Albany team not only offers removals, transport, but also provides expert advice where it can and so far has been a proud supporter of Albany PCYC, Albany Science, Albany Community Hospice, Albany Pregnancy Matters, Standout, Caulfield Cup, the Cour de Paix Society, Yanchep Arts Centre, Great Southern Animal Protection, Albany Sailing, Katanning Racing Club and the Albany Art Prize.

*The parts department will provide an excellent, personal service to our customers,* he said.

**CJD goes the extra mile**

CJD Equipment Albany is a family-owned business that distributes construction equipment and trucks across the region. Although part of a larger group, CJD Equipment Albany is 100% locally owned and operated.

“Mr Wimbush assures customers that his locally-managed branch provides an excellent, personal service a person could expect from a local business,” Mr Wimbush assures customers that his locally-managed branch provides an excellent, personal service a person could expect from a local business.

“All Truck Spares is also the Great Southern distributor for Australian brand Hi-Tac D1. The team at ATS has extensive experience in the transport industry and to identify the parts required for your truck or trailer. If ATS doesn’t have what you need in-store they can order whatever part you need to be delivered over night. If you are not sure what you need or want for your truck or trailer, come and see the friendly and knowledgeable staff at ATS, 2a 201 Chester Pass Road, or call 9841 2800.”

All Truck Spares is also the Great Southern distributor for Australian brand Hi-Tac D1. The team at ATS has extensive experience in the transport industry and to identify the parts required for your truck or trailer. If ATS doesn’t have what you need in-store they can order whatever part you need to be delivered over night. If you are not sure what you need or want for your truck or trailer, come and see the friendly and knowledgeable staff at ATS, 2a 201 Chester Pass Road, or call 9841 2800.

CJD Equipment Albany is a family-owned business that distributes construction equipment and trucks across the region. Although part of a larger group, CJD Equipment Albany is 100% locally owned and operated.

“We are an Australia-wide dealer that cares,” Mr Wimbush assures customers that his locally-managed branch provides an excellent, personal service a person could expect from a local business.

“The parts department also source a wide range of parts for all heavy machines, no matter the make and this is what sets us apart from other parts retail shops.”

**Transport industry specialists**

**CJD goes the extra mile**

CJD Equipment Albany is a family-owned business that distributes construction equipment and trucks across the region. Although part of a larger group, CJD Equipment Albany is 100% locally owned and operated.

“We are an Australia-wide dealer that cares,” Mr Wimbush assures customers that his locally-managed branch provides an excellent, personal service a person could expect from a local business.

“The parts department also source a wide range of parts for all heavy machines, no matter the make and this is what sets us apart from other parts retail shops.”

**Transport industry specialists**
Camp teaches life skills

WODDUBY Boston recently held their annual White Week school camp for Year Five and Six. Camp is a wonderful way for students, families and staff to get to know each other, to connect socially, and to develop the community skills of generous, self-reliant, cooperative and responsible living. There are many highlights to choose from, but for Woodbury Boston, the kindness at Woodbury Boston is one of my favourite things of the time. Seeing everyone come together, just beautiful and keep the school community together.

There are the most amazing gifts to be seen at the camp; the parents’ generosity to help and pitch in and this amazing team of staff who are passionate about the school.

THE lungs came out all the students at the University of Western Austra- lian’s Albany campus fixed up the community to clean the environment. Conservation Volunteers Australia. With awesome, nature and most of the programs, the students also take the opportunity to connect socially.

Conservation Volunteers con- nects people from a broad range of backgrounds and experiences with communities through a variety of volunteer and Earth Month activities.

There are many students studying Conservation Biology and Environ- mental Science, they see this as a good way to link their classroom learning to a real world problem.

UWA Albany student Guild Presi- dent Hayley O’Dwyer said that it’s important to help people volunteer to make someone happy or to make a difference. These skills they learn and connections they make through going back and forth.

It’s the opportunity to be a part of change for the better; she said.

Join the UWA Albany community

There’s a university course to suit you!

UWA Albany has a wide range of courses available. From the popular UWA Smart Start university preparation program, to degree courses in Arts, Biomedical Science, Commerce, Science and Education, there’s sure to be one that suits you.

Honours degree and postgraduate options also available. Need more information? Contact our Student Adviser on 9842 0888 or email us at albany.centre@uwa.edu.au.

Fired-up fundraisers

Bright futures

WOODBURY BOSTON PRIMARY SCHOOL
Contact us for a tour

Innovative, compassionate and inspiring education.

Putting children & families first
Kindergarten to Year Six

Phone 9842 0888 or email albany.centre@uwa.edu.au

The Weekender, March 19, 2020

Join the UWA Albany community

There’s a university course to suit you!

UWA Albany has a wide range of courses available. From the popular UWA Smart Start university preparation program, to degree courses in Arts, Biomedical Science, Commerce, Science and Education, there’s sure to be one that suits you.

Honours degree and postgraduate options also available. Need more information? Contact our Student Adviser on 9842 0888 or email us at albany.centre@uwa.edu.au.

Fired-up fundraisers

WOODBURY BOSTON PRIMARY SCHOOL
Contact us for a tour

Innovative, compassionate and inspiring education.

Putting children & families first
Kindergarten to Year Six

Phone 9842 0888 or email albany.centre@uwa.edu.au

The Weekender, March 19, 2020
AN ALBANY woman who endured seven months of cancer treatment now wants all women to never ignore unusual changes to their bodies.

She said she always went for her regular mammogram but then had to undergo weeks of gruelling treatment.

Ashleigh Fielding, 33, said she was diagnosed with breast cancer in August last year.

She said she now wants other women to be breast aware and participate in breast screenings.

“Then one day, I got my friend to look after him for a bit,” she said.

“I should have listened to my friend and had a mammogram a bit earlier, but I was too busy.”

Ashleigh said she is in remission now and wants to inspire other women to be cautious about their health.

“Get checked, get scanned, it’s well worth it,” she said.

The Weekender, March 19, 2020
**Cricket finals called off**

RALPH EVANS/

**T**he Steinberg Cricket Association has decided not to hold its finals this season. It was an unprecedented situation. It would have been an unprecedented situation. History of the sport and the emotions of the players and the spectators. With Manypeaks finishing the season with 9/153, the bowling was outstanding. The bowlers. Marwick finishing with 4/15 run chase, losing 3/16 inside 9.1 overs. Marwick finishing with 4/15.

Cricket finals called off...
We’re going to be playing some multiple-choice questions about math...
At Albany Retravision we recognise that it might be difficult for some customers to get to the shops, but our Click & Collect and Click & Deliver services mean that you can order from home and we can drop your goods to your door.

Call us on 9841 6999, or shop online and let us know what you need. For all purchases big and small, we are here to help and can deliver to you.

With our lowest price guarantee and 60 day price promise it’s never been easier to shop local at Albany Retravision.

www.retravision.com.au

MARCH SALE
FREE MATTRESS
WITH ANY BED PURCHASED

SEBASTIAN QUEEN BED
$699
NORMALLY $999

SEBASTIAN KING BED
$899
SAVE $300

Sebastian will beautifully complement classic or modern bedrooms with ease. Simple and minimalist, this bed also features two underbed drawers for storage, helping to keep your bedroom organised.

Terms and conditions apply. See page 2 for details.

The power of membership

5% THE WEEKENDER
**AUGUSTA 3 PCE QUEEN SUITE**
Includes • Queen Bed • 2 bedside

**$997**
- **SAVE** $300
- Solid Acacia Timber
- Drawers on heavy duty double extension runners
- Metal accents

**QUEEN BED** $799
**BEFORE BEUP** from $1,297
**TOTAL** $997

**SIDE TABLE + MIRROR** SAVE $300

|
| **PRESTON 4 DRAWER QUEEN BED** |
| Finished in a delicate neutral fabric and supported by clean lines and compact form, the Preston is as contemporary as they come. Add generous underbed storage to complete the picture, and you’ve got a piece that’s perfect for modern apartment or home living.

**FREE UPGRADE TO KING**

| **PRESTON 4 DRAWER KING BED** |
| Finished in a delicate neutral fabric and supported by clean lines and compact form, the Preston is as contemporary as they come. Add generous underbed storage to complete the picture, and you’ve got a piece that’s perfect for modern apartment or home living. **FREE UPGRADE TO KING**

| **FREE MATTRESS WITH ANY BED PURCHASED** |

| **ATHENS CHAISE LOUNGE** |
| The comfortable contemporary design of the Athens upholstery collection features plush boxed seating and back cushions giving you comfort and style. A soft textured chenille upholstery fabric makes your home decor with existing pattern detail and tufted accents that embrace the modern style. Available with Left or Right Hand Facing Chaise. Also available with sofa bed. **SAVE** $500

| **ATHENS W/ SOFA BED** |
| **$1399** SAVE $400

| **OTTOMAN** |
| **$299** SAVE $300

^ with the purchase of the Athens Lounge. Strict Limit of 1 Ottoman per Lounge.

| **SAVE** $1300 |
| **$1599** SAVE $1300

| **BALLINASLOE CORNER LOUNGE SUITE** |
| The contemporary design of the Ballinasloe upholstery collection beautifully combines both style and comfort together to create the ultimate living room environment. With the oversized track arms and thick button back cushions all surrounded within a soft textured chenille upholstery fabric, this collection is perfect to enhance the comfort and beauty of any home. Available with Left or Right Hand Facing Chaise. Includes 3 accent cushions.

| **FREE** UPGRADE TO KING |

| **PRESTON 3 DRAWER QUEEN BED** |
| Finished in a delicate neutral fabric and supported by clean lines and compact form, the Preston is as contemporary as they come. Add generous underbed storage to complete the picture, and you’ve got a piece that’s perfect for modern apartment or home living. **FREE UPGRADE TO KING**

| **OAKDALE EXTENSION DINING TABLE** |
| The Oakdale extension dining table has a rustic, French country appeal.

**$999**
- **SAVE** $900

| **UPHOLSTERED CHAIR** |
| **$259** SAVE $40

| **UPHOLSTERED BENCH** |
| **$299** SAVE $200

| **SERVER** |
| **$1299** SAVE $700

| **LOW BACK DINING CHAIR GREY** |
| **$99**

| **BUFFET** |
| **$999** SAVE $500

| **UPPER MIRRORED** |
| **$950** SAVE $50

| **ENTERTAINMENT UNIT** |
| **$1499** SAVE $1000

| **COFFEE TABLE** |
| **$799** SAVE $500

| **BUFFET** |
| **$1699** SAVE $1300

| **DINING TABLE** |
| 1800L x 1020W x 770H; Extends to 2400L

| **SERVER** |
| 1525W x 460D x 915H

| **BUFFET** |
| 1800W x 520D x 870H

| **ENTERTAINMENT UNIT** |
| 1650L x 520W x 700H

| **COFFEE TABLE** |
| 1300L x 700W x 450H

| **2400L x 1200W x 770H**

| **24 Months Interest Free applies for purchases over $2,000. Available to approved applicants only. Minimum monthly repayments are required. Paying only the minimum monthly repayment amount will not pay out the purchase within the interest free period. Any balance outstanding at the expiry of the interest free period for the purchase will be charged interest at the contractual rate, currently 19.9%. A 6 month account fee applies. A see-off establishment fee may apply. See your contract for further details. Credit provided by zipMoney Payments Pty Limited (ABN 58 164 440 993, Australian Credit Licence Number 441878).**
LOGAN 2 SEATER
Dramatically transform your living space with the rustic look of south-western leather look upholstery you love at a fraction of the cost. Washed in earthy Southwestern window-pane stitching, it envelops you in comfort and traditional touch. Includes 2 x accent cushions.

LOGAN 3 SEATER
$999
SAVE $300
NORMAL $1099
$799
NORMAL $1099

LOGAN ROCKER RECLINER
SAVE $200
$699*
NORMAL $899
$899 if purchased individually.

SURREY DINING CHAIR
$199  SAVE $100

DRESSER
$1999  SAVE $1000

SIDEBOARD
$899  SAVE $800

WINE CABINET
$599  SAVE $500

ALSO AVAILABLE
1300 ROUND TABLE
$799  SAVE $500

1800 DINING TABLE
$699  SAVE $500

2000 DINING TABLE
$799  SAVE $600

2200 DINING TABLE  ( pictured)
$899  SAVE $600

1600MM DINING TABLE
$599
NORMAL $999
SAVE $400

SURREY COLLECTION
This relaxed coastal design can complement a range of interiors from the Hamptons to the French Country.

FEATURES INCLUDE:
- 2 x Recliners that feature a mechanism for infinite positions for comfort
- 3 x Power Adjusted Headrests
- One-Touch power control with adjustable positions
- USB Charging Port in the Power Control Panel
- LED lighted cupholders and flip-up padded armrests with hidden storage
- LED lighting underneath the sofa
- LED light under the centre seat headrest
- Centre Drop Down Table with magazine storage and 2 x cup holders along with A/C and USB port.

THE ENTERTAINER
The Ultimate Recliner Suite packed full of features. Whether you’re watching a movie or the football, The Entertainer will take your Lounging experience to the next level!

$1999
NORMAL $2999
SAVE $1000

LOGAN RECLINER
$699* Include 2 x Cushions
*WITH PURCHASE OF LOGAN 2 SEATER

BUNBURY
HOMEMAKER CENTRE
16/42 STRICKLAND ST
PH 9721 8144

ALBANY
U2-3/5 BROOKS GARDEN BLVD
LANGES MILLS (near Harvey Norman)
PH 9841 7357